



EST. 2021 COVENTRY

METROPOLIS

VEGAN MENU

IN HERE
LIFE IS BEAUTIFUL



METROPOLIS

We are an independent bar and restaurant which trains up unemployed young people to make the world a fairer place post Covid. Social champions with 50% of all our profits going to charity for community projects.

Our aim is for the restaurant to be a real destination within the city, as well as an excellent restaurant that has the benefit of being a training ground for young people.

STARTERS

STREET FOOD FALAFEL £6.50

Our handmade falafel is bursting with a medley of chilli, garlic & coriander. Perfectly served with a bowl of rich and spicy chilli dipping jam. gluten

CRUNCHY TOASTED PEPPERED MUSHROOM CIABATTA £6.50

Loaded with peppered mushrooms in a creamy sauce. gluten, sulphites, soya

CHEF'S SOUP OF THE DAY £5.45

Homemade daily by Chef using local fresh produce and served with warm bread. gluten

NEW YORK QUORN WINGS £5.95

Glorious Quorn wings drenched in your choice of BBQ or spicy Piri Piri sauce, slow roasted and served with salad & homemade coleslaw. gluten, mustard

BREAD & OLIVES gluten £3.75

SHARERS

When it's too good to keep to yourself. Here are your favourites... made for two!

DIRTY FRIES SHARER £12.95

Choose three of our amazing dirty fries options served as portion to dive into and share. It's messy and amazing!

THE MAC SHACK

Italian style macaroni pasta to suit all tastes. Served with fresh salad and garlic bread.

MAC 'N' CHEESE £9.50

Macaroni pasta cooked in an indulgent cheese and cauliflower sauce.

gluten, mustard, soya

Choose 2 toppings:

Jalapeno peppers, bacon, BBQ jackfruit, mushrooms

Add an extra topping - £1 each

THE BURGER HALL OF FAME *Locally sourced fresh burgers!*

Our Metropolis burgers are cooked to perfection on the griddle. A plant-based burger served in a delicate griddled brioche bun with lashings of our famous Metropolis burger sauce. Every burger in our Hall of Fame is loaded with taste and texture to make it a truly fantastic eating experience!

All our burgers are served with seasoned fries, homemade coleslaw and a caramelised onion chutney.

METRO BURGER £12.50

A burger topped with a generous slice of Applewood Smoked cheese and crispy bacon with the fresh crunch of lettuce and tomato, this burger is a truly mouth-watering experience. gluten, mustard, soya,

LE BURGER £12.50

Combining the favourite French flavours of blue cheese and slow-roasted caramelised onions with the fresh crunch of lettuce and tomato, this burger cannot be missed. gluten, mustard, soya

METRO FRIED QUORN (MFQ) BURGER £12.50

Bringing together the flavours of the Deep South, this crispy southern fried Quorn burger comes topped with creamy Applewood cheese, fried bacon, crispy onions and fresh crunchy lettuce and tomato. gluten, mustard, soya

LADY GODIVA BURGER £11.50

Just as nature intended it, the Godiva burger is as naked as the Coventry Heroine herself. Served with fresh crunchy lettuce, tomato and burger sauce.

gluten, mustard, soya

THE METRO PIZZERIA

Freshly made to perfection, bringing together your favourite flavours and stone-baked in our pizza oven.

HAM & MUSHROOM £10.50

Smothered in rich homemade tomato & basil sauce, generous toppings of mozzarella cheese, ham and mushrooms. gluten, soya

BBQ QUORN & BACON £10.50

Smothered in rich smoky BBQ sauce, generous toppings of mozzarella cheese, chunks of Quorn and crispy bacon. gluten, soya

MARGHERITA £9.95

Smothered in rich homemade tomato & basil sauce and generous toppings of mozzarella cheese. gluten, soya

Signature Dishes

You spoke and we listened, favourites to suit all tastes!

ROASTED BUTTERNUT SQUASH WITH SWEET POTATO £11.95

Served on a bed of green lentils with a garlic and herb dressing.

CAULIFLOWER AND CHICKPEA TAGINE £13.50

Our beautifully crafted tagine served with an apricot couscous and homemade flatbread.

gluten

CHARGRILLED QUORN FILLET £11.95

A Quorn fillet served with grilled tomato, mushrooms and chunky chips.

gluten, sulphites

Add a sauce for £1.50

WHISKY MUSHROOM soya, sulphites

CREAMY PEPPERCORN soya, sulphites

CHILLI CON CARNE £10.95

Our perfect homemade chilli con carne served with rice, nachos and topped with chives.

gluten

MEDITERRANEAN PAPPARDELLE £12.00

Pappardelle pasta tossed in a tomato & herb sauce. Served with roasted vegetables and garlic bread.

gluten, soya

THAI GREEN QUORN AND VEGETABLE CURRY £13.95

Quorn in a fragrant coconut & cream sauce with sweet potato and green peppers. Served with rice and naan bread.

gluten, soya

VEGETABLE LASAGNE £11.95

Homemade lasagne served with salad and garlic bread. gluten, soya

SALADS

Salads topped with fresh ingredients and incredible dressings, what could be better than that!

SWEET POTATO, COUSCOUS AND POMEGRANATE £6.95

With a basil dressing. gluten

QUORN CAESAR SALAD £8.95

Lettuce, croutons, parmesan and a classic Caesar dressing. gluten, soya, mustard



DIRTY FRIES £5.95

Our dirty fries are to die for! Our perfectly crisp and seasoned fries topped with only the best ingredients and made as messy as we can make them. Perfect for an upgrade or to share for two!

Choose from the following:

CHILLI CON CARNE WITH CHEESE

gluten, soya

CHEESE AND BACON WITH CHILLI SAUCE & GARLIC MAYO

gluten, sulphites, soya

CAJUN SPICED WITH JALAPENOS AND CHILLI MAYO

gluten, sulphites, soya, mustard, celery

RANCH FRIES WITH QUORN, BACON, GRATED PARMESAN AND SMOTHERED IN RANCH DRESSING

gluten, sulphites, soya

PIZZA FRIES WITH PIZZA SAUCE, CHEESE AND CHOICE OF TOPPING FROM OUR PIZZA RANGE

gluten, sulphites, soya

PIRI PIRI FRIES COVERED IN PIRI PIRI SAUCE AND SPRING ONIONS

SIDES

Choose from Chef's carefully curated selection of sides.

GARLIC BREAD	gluten, soya	£1.95
CHEESY GARLIC BREAD	gluten, soya	£2.45
CRISPY SEASONED FRIES		£2.95
CHUNKY CHIPS		£2.95
Crunchy outside with a soft fluffy centre.		
ONION RINGS		£2.95
The name doesn't do it justice! Sublime onion rings - combining soft fresh onion inside a perfect beer-batter crunch.		
	gluten	
COLESLAW		£1.95
Homemade creamy coleslaw.		
	mustard	
SELECTION OF BREAD & BUTTER		£1.95
Thick fresh chunks of rustic bread with a side of butter.		
	gluten, soya	

Dear valued customers. Every effort is made to ensure that all allergens are kept strictly away from other foods. All allergens are labelled on the menu. We have strict procedures in place for taking and preparing allergen orders, but you should be aware that allergenic ingredients are present in our premises and of those of our suppliers.

Despite the significant efforts we go to, we cannot eliminate the risk of cross-contamination and therefore cannot guarantee any of our dishes are 100% free of allergens.

